

# NEWSLETTER

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**As another season draws to a close we can look back on another successful year during which we have promoted three major road races and three time trials. All of the road races were over subscribed and the TTs were also well supported. We have provided a Club Time Trial nearly every week (despite difficult circumstances – well done Neil), and a club run nearly every Sunday this year.**

All of this could not have been achieved without the hard work of a few dedicated people, not just the organisers but all those that have given up their time to help. There are too many to mention individually but they all know who they are, so thank you all for allowing the riders to enjoy such first class events.

There have been some excellent performances this year from individual riders notably Chris Absolom, Nick Armstrong for their consistent road racing; new PBs for Stuart Wroot, Nick Young and Darren Edmonds; and the invincible Triathlon team of Alan Hayter, Chris Absolom and Nick Young. Doug Northcott goes from strength to strength with a new club junior record, a close fought battle for the Club TT Championship and a mightily impressive performance in the TVCRA 4-up where he towed the

rest of the team round right up to the last hill!

Now that winter has finally arrived it's time to dust off the turbos, or roll out the rollers and start thinking of the superb season you are going to have next year. Whilst you are pedalling away why not use some of that time to think what the Club can do to encourage more active cyclists.

The club membership has remained static for a number of years, new members have joined us but only to replace those that have left, whilst the number of cyclists on the road has steadily increased.

The Club does a lot of work to promote the racing side of cycling but it was founded to promote **all** forms of cycling, and with the exception of Club runs we do very little to encourage new cyclists. A new slow run has been introduced for Sunday mornings which is an ideal introduction for new riders, enabling them to enjoy cycling and gradually build up to the level of fitness, and the desire, to join in the slightly longer rides. But unless we get people out on the run it will not do any good.

Somerset abounds with masses of country lanes ideal for cycling. Isn't it time we made the effort to encourage more people into the sport, but it won't happen unless we make it work. Any ideas?

# Looking ahead to '96

## The Date Fixing Meeting

This years meeting was held at Preston school on 13th Sept. The decision to promote the same number of events as last year was approved, with the possibility of a criterium race being added to the calendar if sufficient support and permissions could be obtained.

The dates and events are:

### Time Trails

| Date | course | start |
|------|--------|-------|
|------|--------|-------|

#### Early 10.

|            |        |       |
|------------|--------|-------|
| 14th April | U30/10 | 07.00 |
|------------|--------|-------|

Org: D Notley

#### Summer 25

|           |        |       |
|-----------|--------|-------|
| 14th July | U30/25 | 06.30 |
|-----------|--------|-------|

Org: D Todd

#### Autumn 10

|           |        |       |
|-----------|--------|-------|
| 28th Sept | U30/10 | 15.00 |
|-----------|--------|-------|

Org: D Notley

The entry fee will be £3.50 for all events.

### Road Races

|                   |            |
|-------------------|------------|
| Ham Hill/Pittards | 24th March |
|-------------------|------------|

Org: K Mahon and M Northcott)

|             |           |
|-------------|-----------|
| John Andrew | 21st July |
|-------------|-----------|

K Mahon and Martin Bailey

The fee to remain at £6.50.

The time trials were originally planned for the U37 course but the West DC felt the start area was too dangerous until the dualling of the A303 is complete. As we need the support of the DC at present it was felt prudent not to argue the point (see *Banned on back page*).

The road races are to remain on the Bridgehampton circuit, despite the appearance of the speed camera in Mudford. I am sure it would prove a little difficult to work out which rider triggered the sensors!

### Affiliations

The club voted to continue the affiliations as per 1994. The affiliations for 1995 will be: BCF, RTTC, CTC, RRA, WCRRA, WTTA, TVCRA, ESCA

### The Windfall

The final sum paid into the Club account from the C&G/Lloyds merger was £680.18. This raised the amount in our account to £2020.18. The sum of £500 is included in that amount which was a Grant from the Clarks Foundation which we received two years ago, and haven't needed to spend yet. Derek reported that the overall balance has remained unchanged for the last three years, and if the club wished to spend more than the C&G windfall then we could

utilise some of these funds. It was felt prudent that we should retain between £700 and £1000 for "emergencies".

The general feeling of the meeting was that the money should be spent on something that would benefit as many of the club members as possible. Various suggestions were tabled and discussed:

- A set of universal roof racks and bicycle carriers (*Andy Pugsley*)

- A bicycle bag/case (*Andy Pugsley*)

- A set of Disc wheels (*Martin Bailey*)

- A recording pulse rate monitor and software (*David Notley*)

- Replace and/or refurbish some club trophies (*David Notley*)

- Subsidise club clothing (*Chris Fendt*)

- A new stop watch with print facility (*Derek Todd*)

- Subsidise a Club trip to a cycling event, (*Manchester*)

- Time Trial software (*Nick Armstrong*)

The Committee are currently looking into the cost and feasibility of these suggestions. If there are any other items you would like to put forward then please let someone on the Committee know, we'd be delighted to hear them.

## Apathy rules, well OK

You may remember there was a questionnaire in last issue, which was designed to produce some feedback on what club members want from the Club. Well you must be a very happy lot, not one reply was received. If you do have any comments on the way the Club is run or on any Cycling issues then I would be only too pleased to include them in a future Newsletter.

## Its that man again

The club hill climb was held on a sunny October morning attended by more spectators than riders, Chris Absolom won the event in what is believed to be a new course record of 3 mins 9 seconds.

Turning in a very promising performance for second place was Darren Edmonds, followed by Andy Tearle, Martin Bailey and Chris Fendt with Mark Johnson completing the finishing list.

## Club Trophies

If you were fortunate enough to win a trophy you can only enjoy its company for another few days. Could all club trophies please be returned to Gary Mithchener,  
19 Alder Grove, Yeovil by  
**14 November**, a quick phone call beforehand would be appreciated,  
01935 28258.

# THE FULL SP

For those who just like to study the statistics, or if you just can't remember when you did that PB and who did win on the day, here are the full results from this years evening tens. Only the YCC members are shown except where the fastest man was from a visiting club.

## 20/04/95

|             |       |
|-------------|-------|
| G Fouracre  | 22:33 |
| D Northcott | 23:04 |
| C Absolom   | 23:30 |
| M Bailey    | 24:17 |
| N Armstrong | 24:50 |
| S Wroot     | 24:57 |
| J Gunney    | 25:46 |
| M Johnson   | 26:23 |
| D Notley    | 26:49 |
| D Walters   | 26:54 |
| C Williams  | 27:28 |
| M Tetley    | 27:34 |

## 27/04 no event

## 4/5/95

|             |       |
|-------------|-------|
| D Northcott | 21:59 |
| C Absolom   | 22:19 |
| A Hayter    | 22:20 |
| S Wroot     | 23:17 |
| A Tearle    | 23:26 |
| M Bailey    | 24:02 |
| M Johnson   | 24:06 |
| N Young     | 24:27 |
| D Notley    | 27:13 |

## 11/5/95 No event

## 18/5/95

|             |       |
|-------------|-------|
| D Northcott | 24:18 |
| C Absolom   | 24:26 |
| A Hayter    | 24:34 |
| M Bailey    | 25:27 |
| D Walters   | 26:00 |
| D Notley    | 27:50 |

## 25/5/95

|           |       |
|-----------|-------|
| C Absolom | 24:06 |
| S Wroot   | 24:44 |
| M Bailey  | 25:03 |
| D Walters | 25:34 |
| M Tetley  | 27:16 |

## 1/6/95

|           |       |
|-----------|-------|
| C Absolom | 23:28 |
| A Hayter  | 24:29 |
| A Tearle  | 24:46 |
| M Bailey  | 25:27 |

## 8/6/95

|                           |       |
|---------------------------|-------|
| N Armstrong/<br>C Absolom | 22:57 |
| M Johnson/<br>M Bailey    | 23:42 |
| D Notley/<br>M Tetley     | 26:16 |
| T White                   | 25:24 |

## 15/22/95 No event

## 22/06/95

|           |       |
|-----------|-------|
| S Wroot   | 24:01 |
| T White   | 25:01 |
| C Fendt   | 25:23 |
| D Walters | 25:25 |
| D Notley  | 26:15 |

## 29/6/95

|             |       |
|-------------|-------|
| C Absolom   | 22:57 |
| A Hayter    | 23:24 |
| A Tearle    | 24:32 |
| D Northcott | 24:38 |
| M Bailey    | 24:42 |
| D Walters   | 24:56 |
| T White     | 25:32 |
| S Webb      | 26:02 |
| C Fendt     | 26:05 |
| D Notley    | 26:13 |

## 6/7/95

|           |         |
|-----------|---------|
| M Bailey  | 1:01:32 |
| C Absolom | 1:03:48 |
| N Young   | 1:04:32 |
| D Notley  | 1:09:55 |

## 13/07/95

|             |              |
|-------------|--------------|
| G Fouracre  | 22:10        |
| Mendip      |              |
| D Northcott | 22:54        |
| C Absolom   | 23:03        |
| D Walters   | 24:46        |
| M Bailey    | 24:59        |
| M Johnson   | 25:19        |
| S Wroot     | 25:21        |
| N Young     | 25:42        |
| A Hayter    | 25:43        |
| M Tetley    | 26:26        |
| D Notley    | 27:10        |
| C Williams  | 36:21 (Mech) |

## Club handicap

### 20/07/95

|                               |         |         |
|-------------------------------|---------|---------|
| D Walters                     | 21.30   | (24.00) |
| C Absolom                     | 21.45   | (22.15) |
| C Williams                    | 21.47   | (26.17) |
| M Tetley                      | 22.01   | (26.01) |
| A Tearle                      | 22.07   | (23.52) |
| D Northcott                   | 22.41   | (22.41) |
| S Wroot                       | 22.52   | (23.22) |
| M Bailey                      | 22.54   | (24.09) |
| D Notley                      | 25.07   | (28.22) |
| G Fouracre (Fastest on<br>ht) | (21.32) |         |

### 27/07/95

|             |       |         |
|-------------|-------|---------|
| C Absolom   | ..... | 57.21   |
| D Northcott | ..... | 57.55   |
| A Tearle    | ..... | 1.00.11 |
| M Bailey    | ..... | 1.01.00 |
| D Notley    | ..... | 1.07.50 |
| C Williams  | ..... | 1.08.59 |

### 03/08/95

|            |       |       |
|------------|-------|-------|
| G Fouracre | ..... | 22.17 |
| C Absolom  | ..... | 22.36 |
| S Wroot    | ..... | 23.53 |
| D Edmonds  | ..... | 24.06 |
| M Bailey   | ..... | 24.32 |
| C Williams | ..... | 25.24 |
| A Pugsley  | ..... | 25.43 |
| C Fendt    | ..... | 26.44 |

### 10/08/95

|            |       |       |
|------------|-------|-------|
| G Fouracre | ..... | 21.48 |
| C Absolom  | ..... | 22.32 |
| A Hayter   | ..... | 24.04 |
| S Wroot    | ..... | 24.04 |
| D Edmonds  | ..... | 24.12 |
| M Bailey   | ..... | 24.35 |
| N Young    | ..... | 24.44 |
| M Loader   | ..... | 25.11 |
| N Boxall   | ..... | 25.35 |
| A Pugsley  | ..... | 25.50 |
| D Notley   | ..... | 26.37 |

### 17/08/95

|             |       |       |
|-------------|-------|-------|
| D Russell   | ..... | 21.38 |
| Mendip      | ..... |       |
| D Northcott | ..... | 23.15 |
| D Edmonds   | ..... | 23.52 |
| D Walters   | ..... | 24.26 |
| M Bailey    | ..... | 24.41 |
| N Boxall    | ..... | 24.46 |
| M Loader    | ..... | 25.01 |
| S Webb      | ..... | 25.24 |
| C Williams  | ..... | 26.00 |
| D Notley    | ..... | 26.09 |

### 24/08/95

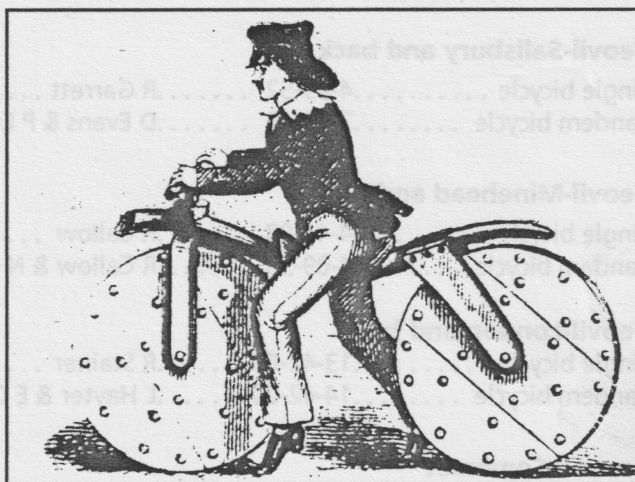
|            |       |       |
|------------|-------|-------|
| C Brooks   | ..... | 21.06 |
| S Wroot    | ..... | 23.56 |
| M Bailey   | ..... | 24.09 |
| D Edmonds  | ..... | 24.20 |
| M Loader   | ..... | 24.23 |
| N Young    | ..... | 24.45 |
| M Tetley   | ..... | 25.36 |
| C Williams | ..... | 26.04 |
| D Notley   | ..... | 26.10 |
| S Webb     | ..... | 26.15 |

## Final Points Position

|             |       |     |
|-------------|-------|-----|
| C Absolom   | ..... | 114 |
| M Bailey    | ..... | 98  |
| S Wroot     | ..... | 85  |
| D Northcott | ..... | 71  |
| D Notley    | ..... | 56  |
| D Walters   | ..... | 55  |
| N Boxall    | ..... | 54  |
| D Todd      | ..... | 48  |
| A Hayter    | ..... | 47  |
| A Tearle    | ..... | 40  |

Well done Chris. An excellent performance by Derek too especially as he didn't ride all year, time-keeping does have it rewards after all!

But seriously, I am sure all the riders would like to express our thanks to Neil, Derek and Mike who did the majority of the official duties and without whom there would have been no events.



*Disc wheels my dear chap,  
they'll never catch on!*

## A Place somewhere.

The last attempt on a *place to place* record was in 1965, when bikes really were bikes, or so Gary would have us believe. Not only have bikes changed a great deal in the intervening thirty years so too have the roads, and some places may no longer be accessible by bike. Some of these records still look like pretty good times but I am sure there is someone out there to rise to the challenge. If you fancy having a go at any of the records give Mike Northcott a ring, it may take longer to find out the original course than it will to ride it but I know Mike likes a challenge too!

### Yeovil-Taunton and back

|                |              |                          |           |
|----------------|--------------|--------------------------|-----------|
| Single bicycle | .....2-10-09 | .....R Garrett           | .....1961 |
| Tandem bicycle | .....1-58-56 | .....R Callow & N Callow | .....1955 |

### Yeovil-Weymouth and back

|                |              |               |           |
|----------------|--------------|---------------|-----------|
| Single bicycle | .....2-29-39 | .....M Jarvis | .....1965 |
|----------------|--------------|---------------|-----------|

### Yeovil-Weston Super Mare and back

|                |              |                            |           |
|----------------|--------------|----------------------------|-----------|
| Single bicycle | .....3-31-06 | .....R Garrett             | .....1963 |
| Tandem bicycle | .....3-4-32  | .....R Callow & P Hounsell | .....1954 |

### Yeovil-Exeter and back

|                |              |             |           |
|----------------|--------------|-------------|-----------|
| Single bicycle | .....4-34-35 | .....B Rice | .....1961 |
|----------------|--------------|-------------|-----------|

### Yeovil-Salisbury and back

|                |              |                        |           |
|----------------|--------------|------------------------|-----------|
| Single bicycle | .....4-03-52 | .....R Garrett         | .....1963 |
| Tandem bicycle | .....3-53-42 | .....D Evans & P Evans | .....1939 |

### Yeovil-Minehead and back

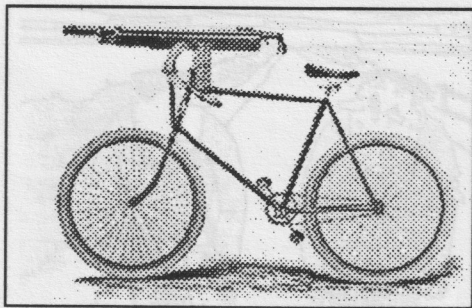
|                |              |                          |           |
|----------------|--------------|--------------------------|-----------|
| Single bicycle | .....4-41-08 | .....R Callow            | .....1955 |
| Tandem bicycle | .....4-09-55 | .....R Callow & N Callow | .....1955 |

### Yeovil-London and back

|                |               |                          |           |
|----------------|---------------|--------------------------|-----------|
| Single bicycle | .....13-42-00 | .....R Stainer           | .....1950 |
| Tandem bicycle | .....14-42-00 | .....L Hayter & E Cooper | .....1931 |

### Around Somerset

|                |               |             |           |
|----------------|---------------|-------------|-----------|
| Single bicycle | .....10-49-19 | .....B Rice | .....1961 |
|----------------|---------------|-------------|-----------|



### ***The Mitchener***

*Especially designed for the runs leader*

Study the following gem overheard on a recent club run.

*"Can the Tour mechanics change bike wheels on the move now?"*

If the answer isn't too challenging then try figuring out who asked it, answers on a postcard please!

## **Ready, steady, slow.**

The regular Sunday runs continue with a good variety of destinations. There are two runs, starting at 9.00, one at a steady pace the other for the "racers" who haven't yet got all the racing out of their legs.

There is also a short run led by Mike Northcott which starts at 9.30, also from the old station car park. This run is an ideal start for those that just want a short ride at a pace suitable for anyone.

With the weather conditions a little unpredictable mudguards are, if not compulsory, strongly advisable, and will be greatly appreciated by the rest of the bunch.

## **JUST ONE FOR THE ROAD...**

The clubs annual prize giving and buffet will be held at the Masons Arms, Lower Odcombe again this year, on Sunday 10th December at 12.30. As in previous years there will be a short club run before hand.

The menu will be similar to last years with a splendid selection of cold meats, including fresh salmon, an assortment of salads, followed by a choice of gateaux and finishing off with plenty of coffee.

Last years feast was greatly enjoyed (don't worry Martin we won't mention *Old Speckled Hen* or the ride back to Yeovil) . So don't put this Newsletter away and forget to order your tickets. **Go and find your diary and your cheque NOW**, the cost is only £6.50 per person, there is an application form below so fill it in NOW, YES, STRAIGHT AWAY. The deadline is 1st December. Cheques to Yeovil CC, or cash direct to either myself or Stuart Wroot. **David Notley**

Please reserve me tickets @ £6.50 each for the Club Buffet .

I enclose a cheque/PO made payable to Yeovil CC for £

Name \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

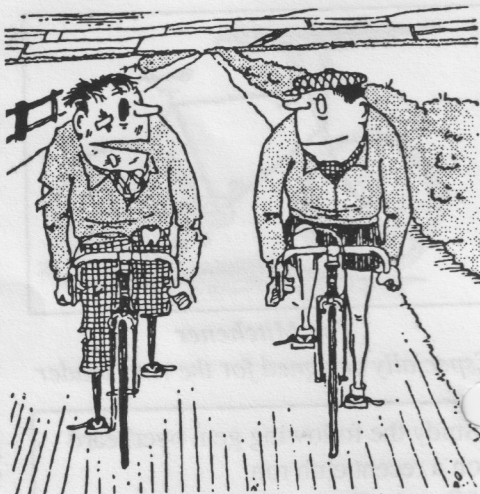
Tel \_\_\_\_\_

Send to: D Notley. Oakley, Church Road, Sparkford, BA22 7JN

## FOR SALE

Peugeot 58cm frame and bits. Black/pink, and includes seat pin, Look saddle, Chorus front mech, Shimano BB, 2 Cinelli 12cm stems, 2 pairs of Look pedals, training wheels (105 hubs, Mavic rims, Continental HPs) £250.00 the lot

Contact Dave Ryan on Yeovil (01935) 26054.



*I told Stuart we were going to  
Burton Bradstock again.*

If you want me to include something in the next issue then drop me a line or let me have some copy on one of the Club runs. David Notley Oakley, Church Road, Sparkford, Yeovil BA22 7JN. Copy date 30th December.

## Banned!

The extensive roadworks on the A303 this year meant that we lost the use of the U30 and U37 for a lot of the summer, but if the National Committee of the RTTC have their way we shall not be able to use the course at all during July and August. A ban has been proposed for next year based on the traffic count figures for the A303 from the Police, unfortunately what they do not show is the level of traffic at hourly intervals, but simply a total per day. We have the support of our local District Committee and hopefully if we perform some traffic counts in the early season we can convince the Powers that it is still a perfectly safe course. Interestingly enough there is not a ban on any other part of the A303, the Andover courses are not even mentioned.

So the rota next year will not only include Timekeepers and Pusher-off but traffic counter too!

Watch this space, but it may be a good idea to think of a new course or two just in case.

## A head start

If you can't face another cold evening on the turbo or one more lonely morning out on the muddy roads why not try circuit training once a week? Every Tuesday evening at 7.15 in Goldcroft gym (the part of Yeovil College on the right as you go up Mudford Road) there is a really good session. Starting with a warm-up and stretching period and progressing onto a twelve station circuit designed to get the heart and lungs going as well as working all those muscles you forget about when you're on a bike. It's only £2.15 per session, payable on the night.