

NEWSLETTER

Return to Podimore...

After an enforced absence of over two months we are at last able to use the Podimore 10 and 25 courses again.

The early season events all fell victim to a series of unscheduled road closures: paint spillage, followed by emergency road works at Ilchester.

Neil did a splendid job arranging, and get approval for, a new course at Blackford. A small crowd have resolutely turned up to tackle that horrible hill and the times have certainly improved over the weeks. but I am sure everyone will be pleased now that the roadworks have finally gone.

The Rota

On the next page is the rota for the rest of the season, please note that the start time is 7.0'clock from 20th July, not 7.30. If your name is on the list please make the effort to turn up and fulfil your duty, if you have difficulty in making your date please let Neil know as soon as possible.

There have usually been a selection of willing helpers available on the evening, so don't despair if you are down to help and want to ride, bring your bike anyway as there may well be someone who will take over for you, (Chris is desperate for any points he can get to beat Douglas).

New Courses

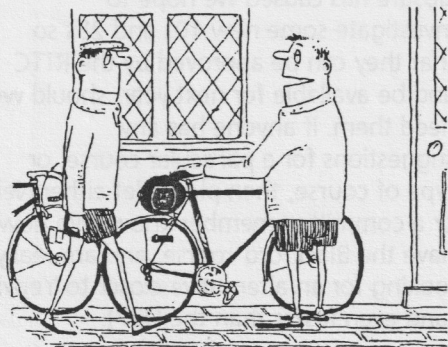
In view of the problems that the road closure has caused we hope to investigate some new 10s and 25s so that they can be approved by the RTTC and be available for next year, should we need them. If anyone has any suggestions for a particular course, or type of course, then please let either Neil or a committee member know. We now have the Blackford course, and are really looking for an alternative closer to Yeovil (and even faster than the U37).

Club handicap

The annual club handicap takes place on 20th July, if you haven't already given Neil your entry form then please let him have the following details as no later than Sunday 16th July (rather short notice I am afraid). The details he needs are your name, your PB, and your best three ten times this year. There is a mini entry form on the back of this newsletter.

Don't forget that every ride contributes towards your points score for the club Time trial trophy, and the time is already slipping away. So come on out on Thursday evening, it may be competitive but it is only as serious as you choose to make it, and it is a great meeting place to find out what else is happening.

Date	Dist.	Course	Start	Pusher off	Timekeeper	
					Start	Finish
13 July	10	U30/10	19.30	M Tetley	D Todd	NB
20 July	10 Hcp	U30/10	19.00	A Pugsley	D Todd	NB
27 July	25	U30	19.00	D Walters	D Todd	NB
3 August	10	U30/10	19.00	A Tearle	D Todd	NB
10 August	10	U30/10	19.00	A Hayter	D Todd	NB
17 August	10	U30	19.00	M Bailey	D Todd	NB
24 August	10	U30	18.45	M Northcott	D Todd	NB



Tony can't have been here long his saddle is still warm

Green lanes and coffee.

The Club runs will continue with two separate runs for the next few months. We hope to introduce a true *slow run* in September, which should be suitable for first time riders or those looking for a short ride on Sunday mornings.

The summer weather has brought some new riders and it is nice to have them with us on Sunday mornings. The *medium* ride really is at a comfortable pace these days, strictly not for the *Club run* racers, so if you haven't been out

for a while why not come and give them a go once more. There is still a coffee stop, and we are finding more and more uncharted lanes.

Meeting point is still the Old Station Car Park at 9.00am, with the ride returning to Yeovil for 1.00pm approx.

Gary Mitchener, *Runs Leader*

John Andrew Road Race.

This last of our road races this year, and takes place on Sunday 16th July. It will use the usual Yeovil, Queen Camel Ilchester course with the HQ in Ilchester. Riders will be gathering from about 9.00am with the start scheduled for 10.00am. There is a full field and with 88 miles ahead of them they deserve your support. So if you haven't been volunteered to help yet come along and enjoy a mornings racing, it's a lot closer than *Le Tour*.



I'll tell them when to go!

Clive Brooks does it again

Continuing on the Time trial theme of this newsletter the Open 25 was held on Sunday. Forty eight riders started, and finished despite a strong Easterly wind. With the surprise result (I think not) of Clive Brooks winning with a 53.25, followed by Nigel Winter 57.33 on second ahead of Rod Antel. The highest place Yeovil rider was Douglas Northcott 1.00.28 with Stuart Wroot 1.01.00 and Nick Young 1.03.13 making up the Team. the team prize went to Somer valley with three riders all under the hour.

All done to the Youngsters

Congratulations to Doug Northcott and Andy Tearle for coming a very creditable 7th and 10th respectively in this years ESCA National 10. The times reflected the conditions on a windy day with only the winner in the 22s. It was an even more creditable performance when you know that Andy has only recently managed to get back on his bike after a short stay in hospital.

Dates for your Diary

John Andrew Memorial Road Race 16th July.

The Dorset Dirt 10th Sept

60km off road ride (not race) starting and finishing in Dorchester. Organiser: Jesse Fell, 26 Gladiator green, Dorchester DT1 2RW 01305 264111

Fee not known at present

Circuit training 19th September

Every Tuesday evening at Yeovil College Goldcroft Gym, 7.15pm
£2.15 per session.

Open 10 23rd September

Organiser D Notley.
Course U30/10

Club Clothing

We currently have in stock Road Jerseys, both short and long sleeve, shorts and skin suits. See me if you want any. 01963 440291

David Notley

Wanted

A set of Cinelli or TTT bars and stem, ring Andy Tearle on 01935 22294.

If you want me to include something in the next issue then drop me a line or let me have some copy on one of the Club runs.
David Notley Oakley, Church Road, Sparkford, Yeovil BA22 7JN.
Copy date 25th September.

Why are we here?

The constitution of the Club states that the purpose of the Club is to *promote all aspects of Cycling*. During its fifty plus years cycling has waxed and waned in popularity, but over the last few years we have become a race orientated Club. We have not catered for the traditional CTC member, the hoards of Mountain Bikers or for the cyclist that is just starting out. The membership has remained at a steady number over that period with those that drop out of the sport being replaced by new comers. Should we be happy with the status quo (not the rock band), or should we be more proactive and promote our

sport and support and cater for the non racers.

The following short questionnaire concerns the activities of the club, we would like you to complete it, anonymously if you wish, and return it to any member of the Committee. The aims are to :

- Determine if we are catering fully for the interests of our cycling colleagues
- To maximise the scope and effectiveness of the club for the enjoyment of all members

The results will be discussed by the committee and the results and recommendations published in a subsequent newsletter.

Please identify ONE item that you feel should be most usefully addressed by the club, which might include anything from the type and number of events we run to the size of the type in the newsletter (sorry Dave). Below is a list of suggestions but they are by no means definitive:

Club Room

Format of Sunday runs

Evening club runs

Club runs incorporating a social evening, local pub

ATB Event

More social events

Time trials (length, course, type – hillies etc)

Prizes for club events (spot prizes, 1 per month

Holidays and long distance touring, on or off road, UK or abroad

Equipment evening

Any other suggestions

Handicap Entry form (or use a standard RTTC form)

Name

Personal Best 10

Best three 10s this season

1

2

3

Signature

To be returned to Neil Boxall by Sunday 16th July