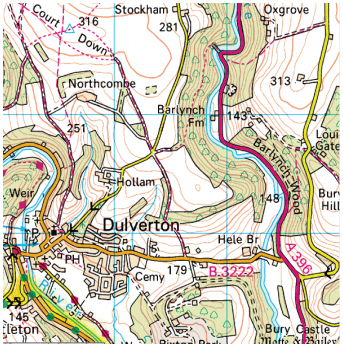
THE PEDALLER
Yeovil Cycling Club April 2003

Exmoor, more, more...

Forty riders of varying abilities, a weather forecast of driving winds and heavy rain, a camping barn in the middle of the Exmoor countryside and everyone to be fed and watered en route. A recipe for disaster or a challenge, well for Chris Absolom it was the latter and one to which he rose magnificently.
He must have influential friends because even the weather changed at the last minute and the riders had a mainly dry run down to Dulverton with a tail wind, followed by a beautiful sunny day for the return leg again with a tail wind!

But back to the beginning. The riders all met in Yeovil and bundled their overnight bags and spares into the big yellow transit of Walter Rixon, who kindly acted as support crew for the weekend. The first leg was a short run out to Halse, just north-west of Taunton, for the lunch stop. It was a gentle ride out through Muchelney, Curry Rivel, Burrowbridge and Lyng to cross the M5 north of Taunton. A short refreshment break was had near Adsborough whilst a couple of riders were located and rejoined the group (so mobile phones do have their use from time to time). Then on to the New Inn where the first of the true refreshment stops were enjoyed. After a welcome feast we were on our way again. This time the bunch split into three. One group choose to head straight to Dulverton, an intermediate group took the scenic route whist the hard men took a loop up round the coast. I say hard men but whilst the intermediates were struggling through a hailstorm on the final drop down to Dulverton these tough nuts were sat in a village hall enjoying afternoon tea!





An early morning inspection of the 'Bike Shed', and the sting in the tail, note the pretty arrows on the final climb to the barn!

www.yeovilcc.macunlimited.net

The itinerary said "*the Barn is about a mile up a slight incline.*" The slight incline was marked by a couple of pretty arrows on the OS map and they were not pointing in the downward direction! So the barn came as a very welcome site after a leg shattering climb and a short decent down a muddy track. There were already fires lit and there was soon a collection of steaming cyclists huddled around the stoves, and damp cycling gear hanging from every available space.

The support van had already been put to good use, with one rider swapping his mountain bike for Walter's trusty tourer, and mechanical problem condemning another to the taxi. So the van did not arrive until most of the riders were well into their third cup of tea and secured their place around the hearth. Bags were quickly unloaded and the rush for the showers began. When everyone had wrestled with the hot water system, bagged their bunk and changed into their evening wear it was time to set off on foot back down the hill we had grovelled up earlier. But with the promise of good beer and more food at the end of the walk the journey down passed quickly.

The Lion Hotel put on a fantastic spread of food and whilst we replenished the fluid levels and carbohydrates the talk was of what an enjoyable day it had been and how well organised.

Day Two proved even better still, unless of course you were Nick Armstrong; a reoccurance of a heart problem meant that he had to join support van, which was by know getting a little cosy. After a hearty breakfast cooked to your own requirements, by you! the riders again set off in one bunch on a beautifully sunny morning riding beside the river to Tiverton. It was a glorious run down the valley, across the Devon border and up onto the Blackdown Hills to Churchingford, marred only by one mechanical problem and a host of punctures.

With so many puncture stops we were running a little late as we headed towards the lunch venue and it even started to get a little competitive. Another superb meal was enjoyed by all at The York Inn, with almost everyone amazed at how well they were still feeling, and they felt even better after a beer or two!

Once again the group split into three, with a direct route home, a longer but possibly flatter alternative and the coast lovers, who having almost made the north coast on Saturday decided they should head down to Seaton, Axminster, Lyme Regis, Broadwinsdor and Beaminster before getting back to Yeovil. *No pain, no gain,* well it sounds as though everyone bar Andy Millward had plenty of gains on that run!

I am pleased to say Nick was feeling better after lunch and was to rejoin the group but it was not to be his day. When he finally uncovered his bike from behind the pile of baggage there were two freshly rubbed holes in his nice shiny new tubs!

The bulk of the riders chose the intermediate route that took them north to Holman Glavel and then east via Staple Fitzpaine and Broadway, skirting Ilton and back to Yeovil through Martock. Most were back in Yeovil for four o'clock and off home to enjoy a hot shower and a welcome rest.

Everyone agreed that it was a great weekends cycling and our thanks to Chris Absolom for all the hard work he must have put in to ensure it went so smoothly. Thanks Chris.







Top: The Camping Barn.
Middle: Drying out, did anyone bring home the right overshoes?
Bottom: What it's all about, good food, good beer, good company ... and a spot of cycling too.

Merryfield

If you wish to join the race training sessions at Merryfield you will need to get a license from Chris Absolom. The cost for this year is £20.00, that is a one off payment for the entire season, there will be no fee per session.
The events are already up and running with a good attendance each week. There were almost fifty riders there for the session before Easter.

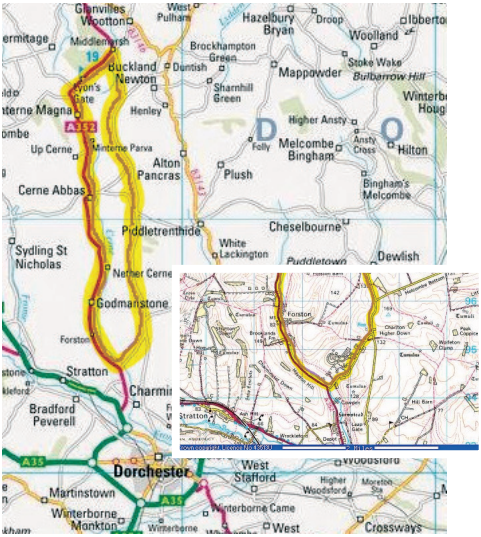
Basic Training

The rule is quite simple if the wind is coming from the left the front riders should be on the left of the road, with the following riders escheloned out to their right. If the wind is on your right, keep to the right. See it is simple. If the front riders cling to the gutter on the wrong side riders further back are quickly squeezed onto the rough. There are times when this is employed as a deliberate tactic but unless you are trying for a breakaway let's keep it safe, we all have a job and home to go back to after the race.
Keep it straight. Don't switch lines unless you know you have got room to move. If you are following another rider try to keep your position the same relative to them, if you are on the front move through slowly and smoothly.
This is a training session not a battle for first cat points, so let's show that the YCC riders can behave like the professionals, and I mean when they are riding in the peleton not when they are clashing knees and elbows in the final sprint.



A Giant of a course

Our current road race course whilst popular with riders is proving very difficult to manage. With the increased volume of Sunday traffic, as well as the ever increasing number of urban speed restrictions, the committee decided it was time to seek an alternative course. Two were presented to the January meeting by Mike Loader. The first course being based on a Somerton – Langport circuit and the second on a larger circuit north of Dorchester. The latter is to be used in the summer for the half IRON MAN event to be held at Sherborne. The Langport circuit although closer to the existing course and Yeovil has a problem area passing through Somerton, so after careful consideration and consultation with BC (South West) the Cerne Abbas route was chosen. The John Andrews Memorial Road Race will be the first one to use the new event to be run on the new course on Sunday 22 June. It should be much quieter in terms of traffic and much easier to marshal, and equally as important, to judge.



The new course stretching from Middlemarsh down to Charminster. Inset the route through from the valley road onto the ridge

The undulating nature of the course will maker it a tougher ride, but for those who have put in the training a more satisfying challenge. Headquarters will be the school at Piddletrenthide with the race neutralised up the climb onto the circuit.

A full risk assessment of the course is to be carried out shortly and an evaluation will be done after the John Andrews to assess it's suitability for the early season races, The Pittards and Ham Hill.

TVCRA 4-up Team Time Trial

The same course and headquarters as last year, the Hunters Lodge just east of Wincanton and a twenty mile undulating dual carriageway turning at Sparkford.

Don't miss this event it is one of the great sporting and social events on our calendar. There were 120 riders last year and we are hoping to make the maximum of 160 this time. Entry forms are already circulating and the sooner you get your team sorted and the entry form into Chris Absolom the better your chance of getting the start time you require. If you haven't got an entry form there should be one posted on the club website soon or see Chris Absolom on Thursday evening.

Club Clothing

We are now well stocked with club clothing. I will have one of everything, in each size, in the car every week at the Evening TTs and Merryfield.

David Notley (Red Honda).







Our thanks to Pittards for sponsoring the race again this year. Lining up ready for the off the Ham Hill riders (above) and the Pittards (left). Below the first time across the line for the Pittards.

READY TO RACE

The traditional opening events for the season, the Pittards and Ham Hill road races and the Spring Open 10 were both very well supported, not just by the riders, full fields for all events, but by you the club members. From an organisers point of view it makes the job so much easier when you get such a good turnout of helpers. Thanks to all of you that turned out to help in what ever capacity. *David and Kevin.*

Road Races

Full fields for both of the road races included a good turnout of YCC riders for the Pittards, whilst Chris Absolom was our sole entrant for the Ham Hill. The exceptionally fine weather provided almost ideal racing conditions and both races set off at a very quick tempo. The Ham Hill riders completing the first 15 mile lap in a little over half an hour, so the Pittards promptly set off in pursuit just after 10.45. Their pace was equally



quick which saw them climb the hill for the first time at a rather rapid 20mph which split the field on the first circuit. Both races saw the breaks come and go, the inevitable splits occurred with small groups forming and chasing down each other. Both races were won by a lone rider, Greg Sandy had just two lengths over Grant Bayton (Angliasport), followed in by Mark Perry, (FS Maestro) Ben Luckwell and John Ibbotson, (Team endurasport.com) and Keith Lilley (Alltrax). In the Pittards the gap was larger with Alex Fitzgerald, 20 secs away to win from John Wynn, Adrian Street and R Clewes headed up D Brown and M Ewings at the front of the bunch. Buried further down the pack were Steve Pym, John Clemit, Dave Walters and Brian Pearse. Rod Bowditch was the last Yeovil man to finish.

There were too many helpers to thank them all individually so my sincere thanks to everyone that turned up to help on Sunday. Without such a fantastic turnout by you all it would not be possible to hold these races and for our own riders to enjoy such a good event. *Kevin.*

Spring Open 10

The Open 10 included the first round of the West DC Team Championships this year, which boosted the field to within three of the maximum allowed, and made it the largest entry we have ever had for this event. Thanks to some inside help from Junior Cavan we were able to use the Nuffield Bar at RNAS Yeovilton for the HQ, which proved popular with all the riders – well at least with all those that read their start sheets and didn't go to the car park and wonder where everyone was!

Despite it being the first Saturday of the school holiday the traffic was well within the limits allowed, coupled to the prevailing crosswinds the times were never going to be fast. But when first man off, Rod Bowditch, returned with an improvement of 47 seconds on his PB it seemed the course record of 19.55, still held by Clive Brooks, might be under threat. However it soon became evident that Rod was just going well as the following riders were all a minute down.

Chris Ball (53-12 Multisport) justified his scratch position by clocking a 20.33 a minute ahead of John Wynn (Somerset





The winning team of Somerset RC, and the runners up (minus one).



RC) and Paul Haggerty (Army CU).

The Team medals were presented by Mike Dix, the West DC Open Events Secretary. The first prize went to Somerset Road Club thanks to a great ride by the trio of John Wynn (21.31), Andy Winterbottom (22.00) and Iain Hounsell (22.58) 66.29, with our team of Mike Loader (21.54) Chris Absolom (22.09) and John Sharp (23.36) clinching second place, 67.39, ahead of Dursley RC 67.59. The Womens team prize went to Bath Amphibians, Susie Orr and Gillian Pears, with a time of 55.57, beating the only other women's team of Bristol South after Carole Miller of Gillingham was unable to ride for their team.
Overall Positions were:
1 Chris Ball (20.33).
2 John Wynn (21.31).
3 Paul Haggerty (21.33)
4 Jimmy Little (21.42).
5 Mark Wareham (21.46).
The Veteran on Standard went to Terry Icke with a +7.45 (21.49)

Junior prize went to 15 year old Kyle Tilley who knocked twenty three seconds of his PB to clock 26.21. Gillian Pears (26.53) won the womens prize to add to her team medal.

A big thankyou to everyone that turned out to help, to Mike, Mark, Martin, Rob and Terry for doing an excellent job as marshals, to Brian for pushing off (what two hours without a pee!), Derek for assisting the time keepers, Paul and Dennis for doing their usual splendid job on the timekeeping, to Simon for sorting out all the teams in extra quick time (perhaps that University education is worth it) and finally to Jane and Rachel for stocking and running the refreshments where another record was set, we have never sold so many drinks and pieces of cake!!!.

New Club 10 record

Mike Loader has again started the season in fine form and broken his own Senior 10 record with a 20.05 on the Poole course (P415) on Good Friday. The overnight frost meant the early starters were at a considerable disadvantage from the cold conditions and consequently the early times did not show the riders true form. Once the warmth and the traffic had increased the times started to tumble. Despite being an early starter Jon Sharp put in another great performance, 22.29, to knock almost a minute of his previous best time. Chris Ball, winner of our Open 10, was the victor with a 19.37.

Somerset RC 2-up

The Somerset RC 2-up on the U30/25 saw Mike Loader and Peter Kench take the top spot with 53.57 just ahead of the host team of Tom Cox and Andy Winterbottom. Stuart Wroot and Jon Sharp (again) took a creditable 10th place with 1.00.37 and Chris Absolom and Caroline Edward did 1.08.21.

ANNUAL GENERAL MEETING 2003

A full transcript of the AGM is contained in the minutes below but for those that want a brief resume:John Clemit was elected as General Secretary, Nick Armstrong took over as Runs Secretary. Subs for senior members were increased to £12 with a £3 joining fee, others unchanged. The new rules, circulated with the last issue of the Pedaller, were adopted. The club year is now the calendar year with the AGM and Date Fixing meetings combined in September.
If you haven't paid this years subs you need to pay Mike Loader, NOW!!

A brief resume of the last committee meetings. Topics covered elsewhere are mentioned only briefly.

January

Matters Arising. A cheque has been received from CTT to refund £47.90 for the double payment of the levy.

General Secretary Report. Received correspondence was handled.

Treasurer Report. Paid: £107.38 for additional signs. £83.52 for the engraving of club trophies. £20.21 newsletter printing, postage. £340.00 outstanding balance for 75th Anniversary tops. £190.00 for club clothing. The club accounts show a deficit of approximately £600 for the year, it was noted that this was as a consequence of approximately £900 being paid out for club clothing that has not yet been sold. A refund of £11.05 has been received from Kevin Mahon for the outstanding balance of the float he held for general secretary expenses.

Time Trial Secretary Report. Not available, however, it was noted that the new signs had been received.

Road Race Secretary Report. He had contacted Dan Coast about payment for first aid and also about future provision of first aid. Dan Coast stated that no further payment was required for the 2002 John Andrews Memorial RR as the payment for the 2002 Ham Hill and Pittards was sufficient to cover all 3 races. Dan Coast will also be able to provide first aid cover for the 2003. It was noted that the profit for the 2002 John Andrews RR would increase from approximately £40 to £90. The head of Ilchester Junior School (Mr Jay) has been contacted about using it as the head quarters for the 2003 road races and confirmation has been received. It was noted that the 2003 John Andrews Memorial RR was not in the forward plan in the latest BC magazine. The Road Race Secretary was tasked with notifying the Divisional Secretary (Eddie McLean) of the omission. Two alternative RR courses were present to the meeting by Mike Loader. After discussion it was decided that both course should be submitted to Eddie McLean for approval.

Membership Secretary Report. Remains unchanged at 56.

Runs Secretary Report. Runs are continuing, currently a single group format is in operation as normal.

Records Secretary Report. Nothing to report.

TVCRA Representative Report. The format for this years Merryfield training rides will be a single up-front payment of £20. The club affiliation fee will also be £20 pounds.

Press Secretary Report. It was noted that submitting articles to the Western Gazette via email rather than normal mail did not produce quicker publication. A full page report of the club awards was provided in the Yeovil Times along with a condensed report in the Western Gazette.

Newsletter Editor Report. The January Newsletter is to be published soon.

Any Other Business. A decision was taken to recommend an increase the club subscription

to £12 pounds for existing members and £15 for new/lapsed members. This is the first increase in 3 years. The fee for full time students and juniors will remain unchanged at £5. It was proposed that the committee be re-elected on block. The only exceptions being the post of General Secretary for which John Clemit is proposed, and the post of Time Trial Secretary for which nominations are invited. An updated version of the club rules was presented by Dave Notley. The suggested updates where reviewed by the committee and a motion is to be tabled at the AGM to progress the rule changes. The suggested updates are to be included in the next newsletter so that everyone has visibility of the proposed changes.

Annual General Meeting

Apologies were received from Mark Askill and Martin Bailey.

Minutes of the Previous AGM. The minutes of the AGM held on 11th February 2002 were read and agreed to be an accurate account of the previous meeting.

Matters Arising. None.

Treasurer Report. The treasurer distributed a summary of the yearly accounts. The following points were brought to the attention of the attendees:

The accounts represent a deficit of £505.25.

The evening TT income was down due to the payment of expenses to organisers and reduced entries as a consequence of reduced popularity of Mapperton Course.

The cost of club affiliation fees is no longer covered by club subscriptions.

The purchase of Jubilee Training Tops represents a significant expense for the club.

Road Race Secretary Report. The RR secretary reported that there had been 3 successful promotions in 2002. The Pittards and Ham Hill races being held on the 7th April and the John Andrews on the 10th June. All events were over subscribed and ran with full fields. He thanked the club members for the immense efforts in supporting these events. He noted that the events had returned a profit in excess of £300.

The Oldsters RR was not run in 2002, cancelled as a consequence of ill health.

This year the club will be promoting 3 events again, with the Pittards and Ham Hill races being held on the 6th April and the John Andrews race on the 22nd June. The Pittards and Ham Hill will be run on the Ilchester course, whilst the John Andrews is to be run on the new Dorset course based around a large circuit taking in Cerne Abbas and Lyons Gate. He indicated that he is currently seeking a headquarters for this course.

Records Secretary Report. The records secretary reported that two records have been posted this year by Michael Loader for the 10 and 50 mile individual time trial.

Runs Secretary Report Due to absence no report was tabled, however it was noted that a single run is continuing and is generally well attended. It was reported that the current runs secretary had notified the general secretary that he was resigning his post and did not wish to be considered for re-election.

Press Secretary Report. The press secretary reported that the press coverage over the past year had dropped off compared to previous years. The coverage received is often published late, generally with at least a week delay. His attendance at the newly formed Yeovil Sports Forum should provide a means to complain directly to the press in the future about the coverage received.

Membership Secretary Report. Currently YCC has 58 members, the breakdown being 1 Junior, 1 Juvenile, 6 Second Claim (primarily tri-athletes) and 50 Senior. He indicated that the YCC web site has helped to raise the clubs profile and bolster membership.

Newsletter Editor Report. The newsletter editor reported that the newsletter has been published on a quarterly basis over the past year. He thanked the attendees for the improved contribution of articles over the period and requested that it be continued over the coming year. GM thanked DN for

his hard work and stated that he believed the newsletter was a big asset to the club.

General Secretary Report. The general secretary reported that he believes that he has now contacted all organisations to inform them of the new contact details for the club.

He also reported that he believes that the minutes have been kept up to date for the previous 12 months. Received correspondence was handled. Additionally, two items of correspondence were brought to the meeting by DT and ML.

Time Trial Secretary Report. TT secretary's report not available due to absence.

However, it was noted that the First Aid kit has been replenished with washes and sterile wipes. Some discussion was held about the proposed A303/A358 road improvement scheme and the impact it may have on the U30 evening time trial courses. The attendee's felt that this was a long way in the future and was not of concern at present. It was felt that the issue of traffic counts, particularly the reduction from 1200 per hour to 1000 per hour was more worrying. Various alternatives were discussed, whereby it might be necessary to move the Autumn/Spring events to a Sunday, or possibly to delay events by a few hours to meet the required traffic count figures.

DW raised a question about the proximity of Easter to the Spring event this year, DN indicated that he felt that the weather conditions would be more of a decisive factor.

Motions.

Increase in Annual Subscriptions to £12 for Seniors, and the joining fee to £3 (Juniors, Juveniles and Full Time Students remain unchanged at £5).

Proposed by Derek Todd.

In support of this motion DT indicated that for each membership subscription £6 is paid to Johnson Park for S&S membership, he also noted that club affiliations were also payable from club subscriptions.

Motion Carried Unanimously.

Review the current list of Honorary Members and any changes to be become effective from the next membership period.

Proposed by Michael Loader..

In support of this motion ML indicated that he was not aware of any honorary members who were still actively linked to the club.

It was suggested that Tony White and Steve Barlow be removed as honorary members.

Motion Carried Unanimously.

Changes to the Club Rules, as circulated to all members prior to the meeting, be adopted with immediate effect.

Proposed by David Notley.

In support of this motion DN indicated that he felt several club rules were out of date, and various rules were structured such that they had to be changed on a regular basis (e.g. subscription fee).

Motion Carried Unanimously.

March

General Secretary Report. Received correspondence was handled. The letter received from Slipstreams offering event sponsorship was discussed. It was felt that it wasn't appropriate to take up their offer.

Treasurer Report. £131.50 paid out for normal club clothing. £983.02 paid out to cover the outstanding balance for 75th Anniversary training tops. £260.00 received in membership subscriptions. £246.00 received from clothing sales, including the sale of additional second quality 75th Anniversary training tops. The treasurer indicated that £500 had been transferred from the deposit account into the current account to maintain a working balance following recent expenditure. A lengthy discussion ensued about whether the club should purchase all of the second quality 75th training tops that resulted from a Pro-Vision printing error. It was generally felt that the tops would prove popular and could be sold, particularly at the discounted price. Dave Notley was instructed to proceed with the purchase of all remaining tops at £13.50 + VAT per top.

Time Trial Secretary Report. TT secretary's report not available due to absence. However, it was noted that the first evening TT would be held before the next meeting and that the new CTT signing on sheet would need to be used. The outgoing TT secretary has replenished the first aid kit with sterile wipes and wash solutions. JC was asked to determine if there were any expenses owed to MA to cover these purchases.

Road Race Secretary Report. The RR secretary started off by reporting that if race commissaires arrived without suitable car insurance for the forthcoming Yeovil CC race promotions then there was nothing he could do about it and they would have to carry out there duties from the side of the road. The general consensus of opinion was that BC had now put measures in place so that their insurance would cover the commissaires.

KM was instructed to talk to Eddie McLean to clarify the situation and to get the list of commissaires for the Pittards/Ham Hill races.

Post Meeting Note: The commissaires for the Pittards race are A. Walker (Chief) / A. Ellington (Assistant) and for the Ham Hill race are R. Hopkins (Chief) / R. Pollard (Assistant). So far 52 entries have been received for the Pittards/Ham Hill races, 2 entries having submitted an incorrect entry fee of £10 instead of £11. It was agreed that an extra pound should be requested at the time of signing on for the race. JC was instructed to confirm the date, time and arrangements for the Pittards RR to Pittards.

KM indicated that he requires 3 lead cars and 7 or 8 marshals for the Pittards/Ham Hill races. The headquarters for the John Andrews Memorial RR have been identified as the Piddle Valley First School in Piddletrenthide. KM to confirm the booking with the school. Due to the nature of the course it was felt that it would be necessary to provide advance notification to certain areas of the course that the race will be taking place. Also suitable signs will need to be place on the course. KM reported that he was looking to purchase such signs which he believed would be in the order of £30.

It was also noted that Eddie McLean had supplied a notice template that should be posted around the John Andrews course in advance of the race. A lot of discussion took place about whether or not this was a good idea, particularly given that no such signs had been suggested for the Pittards/Ham Hill race.

KM was instructed to talk to Eddie McLean to raise our concerns and determine if advance course signing is mandatory.

Membership Secretary Report. The membership secretary reported that 26 members have paid their subscription for this year.

Runs Secretary Report. The new runs secretary reported that there have been Sunday runs.

Records Secretary Report. Nothing to report.

TVCRA Representative Report. The TVCRA representative reported that the first Merryfield training ride will take place on 1st April.

Press Secretary Report. Nothing to report.

Newsletter Editor Report. The next newsletter is due to be published at the beginning of April. Once again the newsletter editor indicated that he would be happy to receive submissions for forthcoming newsletters from any parties.

Any Other Business. 1. The Nuffield Sports Centre at Yeovilton has been booked as the headquarters for the forthcoming Yeovil CC Spring Open 10 TT. The insurance for the event has also been arranged.

Next meetings: 12 May, 9 June, 14 July all at Yeovil Sports Club at 8pm.

Testing Times

By Tony Taylor

With the increase in popularity of time trials after the first war, a separate body, the Road Racing Council (RRC) was set up in 1922, as the National Cyclist's Union (NCU) was still against any form of cycle racing on the open roads. The main purpose of the RRC was to bring some kind of uniformity to events, and a code of conduct for competitors. The stipulation of a one minute interval between riders starting off was a prime example, and the definition of unpaced riding was another, an indication that unfair advantages often occurred. Course codes and secrecy of information was also a priority. The main instigator was Frederick T Bidlake (North Road CC), a former tricycle record holder and event organiser.

The British Best All Rounder competition (BBAR) came into being in 1930 as a promotion by Cycling Magazine. The season long competition over 50 and 100 miles, and 12 hours remains the same today. The initial winner was Frank Southall (Norwood Paragon CC) who went on to take four consecutive victories. Southall held the 25 mile Time Trial record from 1925 to 1937, improving it from 1.04.58 to 1.0.59, but breaking the magic hour barrier went to Ralph Dougherty (Rugby RCC) in 1939 when he clocked 59.29. However, it was not the first ever sub-hour ride as Ado Donegan, an Irishman clocked 59.05 on the Navan Road course, west of Dublin, in 1934. However he did have the advantage of not having to wear restrictive all over body, black clothing, or carry the obligatory bell on his bike!

In 1933 Frank Southall also held competition records for 50 mile and 100 mile. He turned professional for Hercules Cycles in 1934 to attack place to place records.

A complete reorganisation took place in 1938, when the RRC became the more appropriately named Road Time Trial Council (RTTC). In the 1920s and 30s riders mostly rode out to events, despite the very early starting times, and if they were some distance away, would ride there the previous day, always riding back home, often after joining the club run. Racing and club life were enjoyed together by all during this period, which now seems very much like a bygone age.

Fixed wheels were the order of the day for racing, but different tooth sprockets either side of the hub, enabled the wheel to be switched round from race gearing to a club riding one.

CLUB SECRETARY	
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ROAD RACE SECRETARY	
Kevin Mahon	07789 215801
MEMBERSHIP	
Mike Loader	01935 410790
RECORDS SECRETARY	
Mike Northcott	01458 273576
TVCRA	
Chris Absolom	01935 477965
TIME TRIALS (Evening events)	
Mark Askill	01935 477561
NEWSLETTER & CLOTHING	
David Notley	01963 440291